

# Care Services

Right at Home offers Carer services for almost any family and practically any situation. Our in-home care lets loved ones enjoy healthy lives in the comfort of a familiar environment. We tailor our care to your family's unique situation through a Custom Care Plan. These individualized care programs include whatever your family needs from any of our care categories\*:



## COMPANIONSHIP/HOUSEKEEPING

Light housekeeping and meal preparation can become frustrating tasks to those affected by ageing. Right at Home provides assistance for numerous daily activities, as well as basic peace-of-mind services:

- Safety supervision
- Transportation
- Socialisation
- Cognitive stimulation
- Monitoring home
- Cooking
- Light housekeeping
- Organization
- Laundry services
- Respite care for family Carers



## PHYSICAL ASSISTANCE

For those suffering from the physical effects of ageing, Right at Home can help throughout the day in a number of ways:

- Ambulatory assistance
- Getting dressed
- Positioning in chair or bed
- Transfer between bed and chair
- Wheelchair assistance

\*Not all services are available in every location. For a full list of available services in your area, check with your local Right at Home office.



## HYGIENE

As limitations evolve, basic hygiene can become a challenge. No matter what level of assistance your loved one needs, we can accommodate:

- Bathing and showering assistance
- Bed baths
- Grooming
- Shaving with electric razor
- Oral hygiene
- Toilet and incontinent care



## WELLNESS

Our Carers can provide services that help your loved one stave off or delay further effects of ageing, both physical and mental. We can help foster wellness with services that include:

- Light exercise programme development
- Meal planning
- Medication reminders
- Safety supervision
- Cognitive stimulation