



Issue 21 | January 2023

CHESHIRE SENIORS MONTHLY

Homecare in Mid and South Cheshire

At Right at Home, we aim to make a genuine difference to the quality of life of those we serve in the local community. We focus on improving the lives of those we care for, not just maintaining quality of life.

Making a Difference Every Day

From every CareGiver to our local Management Team, we are completely focused on making a difference every day. Keeping our Clients where they want to be for longer – Right at Home.

Our local office teams based in Nantwich, Sandbach and Northwich work tirelessly to deliver on our promises. For us it is not just about providing a service, it is about building valuable relationships with everyone we work with.

Our Trusted Services

Through trust and commitment to being the best, the quality of the care we provide has been industry-recognised, leading us to be rated as Outstanding by the Care Quality Commission and become the most highly rated national homecare agency on the UK's leading review site, www.homecare.co.uk.

Marking Heart Month with Right at Home

February is the British Heart Foundation's Heart Month. The month aims to raise awareness of heart conditions and help people to understand ways to look after their hearts.

Right at Home Mid and South Cheshire are a proud partner of the British Heart Foundation, we have been partners of the British Heart Foundation since March 2022. Together we work to promote healthy lifestyles and ways everyone can look after our hearts.

We are offering the opportunity to learn CPR in 15 minutes, on two specific dates:

Thursday 16th February 2023 11am-11:30am (Sandbach Office, Sandbach Literary Institute, Bradwall Road, Cheshire, CW11 1AE) 01270 257347 (Option 2)

Friday 17th February 2023 1.15pm-1.45pm (Mid Cheshire Office, Winnington Hall, Winnington Lane, Northwich, CW8 4DU) 01606 537400

If you are unable to attend any of these dates, please visit our website for more information.

Marking Heart Month with Right at Home



Well Fest at Reaseheath College

Right at Home Mid Cheshire joined "Well Fest" at Reaseheath College in January.

It was great to meet so many people seeking ways to look after themselves and others.

We attended Reaseheath College to provide more information on the <u>valuable services</u> that we provide across Cheshire.

It was also exciting to share our current vacancies with the students from the college.

If you are interested in joining our team, please view our vacancies.

South Cheshire Mid Cheshire Sandbach

Alternatively, please contact Rachel, our Head of Recruitment on <u>rachel.carson@rightathome.co.uk</u>.



Northwich Dementia Action Alliance

Janet, our Business Development Manager, is extremely excited and proud to be part of the founding group of Northwich Dementia Action Alliance.

The group aim to help Northwich become a Dementia friendly town, with ideas & plans already being discussed for 2023.

To find out more information on this, please visit the <u>Northwich Guardian</u>.

Thank You from a Client

We recently received a lovely thank you card from one of our Clients daughters. We really appreciate receiving such amazing feedback, which is always passed on to our CareGivers.

A really good way of providing feedback for our CareGivers, is to complete a review card. You can ask for one of these from your CareGiver, or a member of the office team.

We currently stand at 9.9 on Homecare reviews, and are aiming for 10!



Mid Cheshire Anniversaries

We would like to congratulate the following CareGivers on achieving their recent milestone with Right at Home.

Sue M – 2 Years

Thank you for your continued hard work.



Mid-Cheshire Contact Details

Address: Winnington Hall, Winnington Lane, Northwich, Cheshire, CW8 4DU

Telephone: 01606 537 400 - Email: midcheshire@rightathome.co.uk

<u>Basic Life Support Training –</u> Induction and Refresher Training

Throughout January, we had a group of new recruits join our team, and they took part in their Basic Life Support Induction Training, whilst overseeing some current CareGivers complete their Basic Life Support Refresher Training.

The training was conducted by Mid Cheshire's Deputy Manager, Marina Medley.

We believe that high quality training and continuous professional development are the key to our award-winning care services.

We hold regular sessions for new starters and our existing CareGivers to ensure they have as much knowledge as possible.

For more information on the training that we conduct, head over to our website at www.rightathome.co.uk/southcheshire



SOUTH CHESHIRE OFFICE UPDATE

Zoe, Pam, & Karen complete Train the Trainer Course!

Recently, Zoe, Pam, and Karen all completed their Train the Trainer courses for Basic Life Support, Medication, Moving & Handling, and Presentation Skills Certificate. All three gained a great amount of knowledge in these areas which they will use to their advantage when conducting training sessions at their office.





Walk the Wingate – 3.5k

In January staff from Right at Home South Cheshire joined members of South Cheshire Chamber of Commerce and Industry at the amazing "Wingate Centre" in Wrenbury. We heard all about the celebrations and fundraising events planned for their 35th anniversary.

We are looking forward to supporting the 3.5km "Walk the Wingate" and raising funds to help the centre. If you would like to help please take a look <u>here</u>.



making a difference every day

At Right at Home, our values are at the heart of everything we do. It is our commitment to these four core values that enables us to deliver on our promise of improving quality of life for our Clients and their families.

TRUST – trust is fundamental to building strong, collaborative relationships with our Clients and their families.

QUALITY – we are committed to providing the highest quality care and support; the same kind of care we would like for our own family.

COMPASSION – we pride ourselves on person-centred, outcome-focused care, delivered with compassion, sensitivity and without judgement.

RESPECT – we promote an all-inclusive culture, where colleagues and Clients can be themselves. We respect people's wishes, seek to understand their aspirations, and support them to achieve their personal goals.

SANDBACH OFFICE UPDATE

Meet The Team

Abbi Jones – Registered Manager

Abbi joined the Right at Home family in January 2020, initially as a Care Co-ordinator but was worked her way to become the Registered Manager for South Cheshire & Sandbach.



Ella joined the Right at Home team in February 2022 to take on the role of Care Team Leader, assisting the Registered Manager for Sandbach.

Julie Crofts – CareGiver Recruitment & Wellbeina

Julie has taken the role of Recruitment and Wellbeing Manager. She will deal with Recruitment for the company and the Well-being of current and new staff.

Pam Spellacy – Lead Senior CareGiver

Pam joined the team in 2019 as a Senior CareGiver. Pam has continued to take on extra responsibilities, resulting in her taking on the role of Lead Senior CareGiver for Sandbach & Alsager.

Senior CareGivers – Hazel Ashworth & Alison Peel

Our Senior CareGivers ensure the highest levels of care are delivered and maintained, whilst supporting, leading, and mentoring a team of dedicated CareGivers.

Join our Team – RECRUITING NOW

Here at Right at Home, we offer top rates of pay and flexible work patterns because we know how important it is for our valued CareGivers to have a positive work-life balance. Take a look at the videos below to find out why people are proud to be part of our team.

We believe in supporting all of our employees to be the best that they can be! The sky's the limit at Right at Home, whether you need practical experience to help you with your studies or you want to progress into management, we are happy to help!

If you would like to enquire about any of our job vacancies, please contact us on:

South Cheshire (Nantwich) 01270 257 347 or Mid Cheshire (Northwich) 01606 537400 cheshirejobs@rightathome.co.uk

Sandbach Office Contact Details

Address: Sandbach Literary Institute, Bradwall Road, Sandbach, Cheshire, CW11 1AE

Telephone: 01270 257347 - Email: southcheshire@rightathome.co.uk - Web: https://www.rightathome.co.uk/sandbach/



CareGiver Anniversaries

We would like to congratulate the following CareGivers on achieving their recent milestone with Right at Home.

Tracey H – 1 Year Janet J – 1 Year Alison C – 2 Years Beth H – 2 Years Caz W – 2 Years Alison D – 3 Years Jade F - 3 Years Abbi J – 3 Years Deborah M – 3 Years Alison P – 3 Years Debbie B - 4 Years Viola N – 4 Years Louise P – 4 Years Amanda S – 4 Years

Lorna H – 5 Years

Sandra C – 6 Years

Thank you for your continued hard work.







Mirror Wills – Are they fit for purpose?

Simply put, a Will is a set of instructions on what you want to happen once you pass away but, being British, talking about death is a taboo subject - which is one reason why 70% of the UK adult population don't have a Will.

Of the 30% who do have wills (most of which are not viewed regularly), most will have Mirror Wills. Historically, when Wills were made, it would have been a mirror Will, basically means when one party passes away the Will formalises the transfer of all property including savings, belongings, investments, homes and contents to the surviving spouse and then to the children.

Whilst this may have been suitable several generations ago, it now exposes the inheritance to several threats which can be mitigated with correct planning.

So, what are the risks of Mirror Wills?

The main risk for mirror Wills is the passing of the entire estate to the surviving spouse. In previous generations when divorce rates were very low, blended families weren't as common and the threat of having to pay for your own care wasn't even a consideration, it made sense when one adult passes away the surviving spouse inherits as directed from the will and then passes it to the children.

However, in today's modern world of blended families, what happens? Upon the passing of one party, the surviving spouse inherits the total amount. However, they may not be a parent to the deceased persons children, so with a Mirror Will the surviving spouse is detailed as the sole beneficiary and once the inheritance is received it is theirs to do what they choose and they may ultimately recognise their children / family rather than those of the deceased party thus disinheriting the deceased parties' children.

Even if the family is a traditional family, upon first death the whole estate is passed to the surviving spouse, if they were to remarry and subsequently pass away the new spouse would inherit the estate and could possibly leave nothing for the children.

An increasing threat is the cost of paying for care, as the surviving spouse who has the whole estate, should they require care, the whole estate could be used to fund care, therefore the estate could be significantly reduced which reduces the inheritance to the children.

Another factor should be the position of the beneficiaries when they inherit, the Will just sets out who is to inherit and the amount it takes no account of the individual circumstances the beneficiaries could be in at that time i.e. are they suffering from an addiction?, are they facing financial trouble or are they going through a divorce (or even if thy divorce in the future the inheritance could be included as part of any financial settlement) any of these events could result a threat to the beneficiaries inheritance.

With the correct estate planning these scenarios can all be mitigated thus ensuring the beneficiaries all receive the right inheritance at the right time.

So are Mirror Wills fit for purpose? In my opinion they are not, a Will should represent an individual's final wishes and where necessary include mechanisms to ensure those wishes are protected and a simple mirror Will does not meet this requirement as they do not take account of today's society.

So, if you have a Mirror Will, I recommend you review them, review your family situation and seek the advice of a professional to ensure your wishes are correctly recorded.

Article written by Dave Burgess, DPB Will Writing Services.

https://dpbwills.co.uk/



DPB Will Writing Services

WHERE THERE'S A WILL THERE'S A WAY

Right at Home Mid and South Cheshire Head Office

23-25 Frederick House, Princes Court, Beam Heath Way, Nantwich CW5 6PQ **Call:** 01270 257347 **Email:** southcheshire@rightathome.co.uk Website: www.rightathome.co.uk/southcheshire